

ENRICA E. BRIDGEWATER



RESEARCH INTERESTS

The ways that women and minority communities are portrayed in the media; how the media influences the identity development, gender attitudes, and self-esteem of children, young people, and emerging adults (i.e., those between the ages of 18 and 25).

EDUCATION

Ph.D. Communication and Media, University of Michigan

Advisor: Kristen Harrison

B.S. Psychology with Honors, *magna cum laude*, Brooklyn College CUNY

September 2018

Advisor: Erika Y. Niwa

Honors Thesis: *The Highs and Lows of Adolescence: Age-Related Changes to Self-Esteem and Emotion Regulation*

HONORS AND AWARDS

Rackham Merit Fellow	2020
NSF Graduate Research Fellowship (Honorable Mention)	2020
Psi Chi Honor Society	2018
Annual Biomedical Research Conference for Minority Students (ABRCMS)	2017
Student Travel Award	
NIH Research Initiative for Scientific Enhancement (RISE) Program Scholar	2016-2017
USS Ernesto Malave Merit Scholarship	2016
Dean's List	2014-2018
NYS Scholarship for Academic Excellence	2014
NYC Council Merit Scholarship	2014

RESEARCH EXPERIENCE

Volunteer Research Assistant

September 2018-May 2020

Brooklyn College CUNY, Adolescent Development Lab, Psychology Department, Brooklyn, NY

Advisor: Erika Y. Niwa

- Created an independent study that explored whether the closeness of a young person's peer and parent relationships impacts self-esteem in BCCP youth.
 - Roles: project conceptualization, data entry, and data analysis
- Lead independent study that examined the Gender Role Discrepancy Strain (GRDS) and its effects on self-esteem in Brooklyn College undergraduates.
 - Roles: project conceptualization, writing of IRB proposal, research design, data collection, data entry, and data analysis
- Conducted an independent study on the relationship between identity (i.e., age, gender, race/ethnicity, and ethnic identity), self-esteem, and emotion regulation in youth attending a BCCP after school program.
 - Roles: project conceptualization, data entry, and data analysis

Undergraduate Research Assistant

August 2017-September 2018

Brooklyn College CUNY, Adolescent Development Lab, Psychology Department, Brooklyn, NY

Advisor: Erika Y. Niwa

- Created an independent honors research project that examined how age-related changes (e.g., puberty) may affect self-esteem and emotion regulation in youth enrolled in a Brooklyn College Community Partnership (BCCP) after school program.
 - Roles: project conceptualization, data entry, data analysis, and the writing of an honors thesis

*Undergraduate Researcher***May 2017-August 2017**

UW-Madison, NSF Psychology Research Experience Program (PREP) REU, Madison, WI

Advisor: Karl S. Rosengren

- Designed an original research project that examined death portrayals in 50 full-length children's animated films and how these films may help initiate parent-child conversations about death.
 - Roles: project conceptualization, film selection, analysis of 25 films, coding of over 400 parental survey responses, and wrote sections of the manuscript
- Presented content analysis at final PREP symposium.

PUBLICATIONS

Bridgewater, E.E., Menendez, D., & Rosengren, K.S. (2020). Capturing death in animated films: Can films stimulate parent-child conversations about death? Manuscript submitted for publication.

PRESENTATIONS

Bridgewater, E.E., & Niwa, E.Y. (2020, March). *The "ideal woman": An exploration of gender and self-esteem among college-aged women*. Poster accepted at the Eastern Psychological Association Annual Meeting. Boston, MA. (Moved to online due to COVID-19).

Bridgewater, E.E., & Niwa, E.Y. (2019, May). *How do gender norms impact the way we view ourselves? An exploration of gender and self-esteem*. Poster presented at Brooklyn College Science Retreat. Brooklyn, NY.

Bridgewater, E.E., & Niwa, E.Y. (2019, May). *How do gender norms impact the way we view ourselves? An exploration of gender and self-esteem*. Poster presented at Brooklyn College Science Day. Brooklyn, NY.

Bridgewater, E.E., Niwa, E.Y., Reigada, L.C., & Shane, J. (2019, March). *The highs and lows of adolescence: Age-related changes to self-esteem and emotion regulation*. Poster presented at the Society for Research in Child Development Biennial Meeting. Baltimore, MD.

Bridgewater, E.E., Niwa, E.Y., Reigada, L.C., & Shane, J. (2019, March). *Adolescence: Age, gender, and ethnic identity differences on self-esteem and emotion regulation*. Poster presented at the Eastern Psychological Association Annual Meeting. Manhattan, NY.

Bridgewater, E.E., Menendez, D., Jiang, M.J., & Rosengren, K.S. (2017, November). *Mom, what happened to Mufasa in The Lion King? The prevalence of death in children's animated films*. Poster presented at the Annual Biomedical Research Conference for Minority Students. Phoenix, AZ.

PROFESSIONAL MEMBERSHIPS

Society for Research on Adolescence (SRA)

2019-Present

Society for Research in Child Development (SRCD)

2018-Present**VOLUNTEER EXPERIENCE**

*Student Volunteer***February 2018-May 2018**

South Beach Psychiatric Center, Baltic Street Clinic, New York State Office of Mental Health, Brooklyn, NY

Supervisor: [REDACTED]

- Volunteered at the Baltic Street Clinic (i.e., a treatment facility that offers support and outpatient services to those suffering from various mental illnesses) through my Field Experience course.
- Completed clerical filing for my supervisor, a few of the psychiatrists, and the nurse.
- Held intimate conversations and interactions with patients that had diagnoses ranging from Bipolar Disorder to Schizophrenia.
- Observed and participated in treatment groups (e.g., “Music Listening and Lyric Analysis” and “Changing Habits that Hurt”).

LEADERSHIP EXPERIENCE

College Access Mentor

December 2019-July 2020

Brooklyn College Community Partnership (BCCP) Program, Brooklyn, NY

Supervisor: Ashley Frato

- Serving as a “model” college student to show middle and high schoolers that attending college is an achievable goal.
- Supporting the Coach with leading and facilitating lessons on various topics such as how to pay for college, in middle and high schools across New York.
- Working one-on-one with students in mini activities included in the college access curriculum.

WORK EXPERIENCE

Program Assistant

March 2020-July 2020

MOUSE Brooklyn Design League (BDL) Program, HSSL at Erasmus Hall High School, Brooklyn, NY

Supervisor: Charlotte Woolf

- Assisting program manager in day-to-day operations
- Actively engaging with students to connect and re-connect with program (e.g. classroom and cafeteria visits, calling parents, social media, etc.)

Program Assistant

March 2020-July 2020

Academic Support Program, College Prep at Erasmus Hall High School, Brooklyn, NY

Supervisor: Ashley Frato

- Assisting in data collection and organization
- Helping students with class projects and homework
- Gathering resources for students during COVID-19 (e.g., educational and health/wellness)

Data Entry Assistant

December 2018-February 2020

Brooklyn College Community Partnership (BCCP) Program, Brooklyn, NY

Supervisor: Nixon Mercidieu

- Assembled a central database of demographic information for over 400 BCCP students into Microsoft Excel/Google Sheets.
- Created a “College Access” database that includes contact information for all public middle schools located in Brooklyn and all public high schools located throughout NYC.
- Ensured that all data is organized and entered correctly, so that it is easily accessible by the BCCP staff.